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## **International Rescue & Emergency Care Association**

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## **Rescue Skills List**

This list is intended to provide a *general* list of skills, which may be combined to form scenarios used in the Technical Rescue Challenge. Questions or clarifications should be directed to the Technical Rescue Challenge Chair.

- Vertical Lower in Stokes
- Vertical Raise in Stokes (pick and pivot)
- Harness lower/ raise (Hasty/bowtie harness)
- Horizontal Stokes lower/raise using overhead change of direction
- Horizontal Stokes lower through handrail
- Pt. Surveys (Primary/Secondary)
- Pt. Packaging (Sked/Stokes, Yates, Lashing Primary/Secondary Attachments)
- Ladder Cage pick-off
- Pick-off (Raise/lower)
- Pick-off Line Transfer Raise/Lower
- Ladder Slide (Raise/lower)
- Ladder Hinge
- Reverse Ladder Hinge
- Ladder as a Derrick / Leaning Ladder
- Ladder Access to Structure
- All Equipment Rappel
- Rescuer Access by rappel/lower
- Tripod
- Stair Slide (raise/lower)
- Stairwell (raise/lower)
- 2 patient scenarios
- Lose Team member scenarios
- Mechanical Advantage Raises (2:1, 3:1, 4:1)
  - Block and Tackle (3:1; 4:1)
  - Z Rig (3:1)
  - Compound 4:1 (2:1 piggyback on 2:1)
- Load Sharing/Self Equalizing anchors 2 point and 3 point Multi point
- High Line Telpher/Reeves
- Skate Block
- Cross Haul
- Slope Rescue
- Confined Space Entry Rescue
- Use of SCBA during scenarios
- Use of Airline respirators during scenarios
- Use of pickets
- Vehicle as an anchor point
- 3-man dead man anchor
- Knot passing
- Rope Ascension
- Suspended patient packaging / Basket Scoop
- Litter Tender